

NURSING EXAMINATION BOARD PUNJAB, LAHORE**TIME: 2:30 HOURS****TOTAL MARKS: 100****PASS MARKS:****50SAMPLE PAPER: COMMUNITY HEALTH NURSING****2ND YEAR NURSING STUDENT****OBJECTIVE = 60% (Mcq's 40, true false 10, fill in the blanks 10)****SUBJECTIVE = 40%**

Q. No. 1 Write complete word "TRUE" for true statements and "FALSE" for false statements in the given blank box. Otherwise statement will be canceled. (Marks 10)

1		Nursing diagnosis and medical diagnosis are the same from each other in their goal.
2		Infect nursing care plan should not contain all current information.
3		Role refers to an identifiable social position associated with the set of conceptual expectations.
4		The process of ossification is very slow during the first year of child life.
5		Pertussis is an acute infection of the respiratory tract characterized by paroxysms of cough ending in a whoop upon inhalation.
6		Innate immunity is that which the individual possess by virtue of his/her constitutional and genetic makeup.
7		
8		
9		
10		

Q. No. 2 writes the word or phrase that best complete the statement or answers the question (Fill in the blanks). (Marks 10)

1. When the community health nurse organizes and manages various planned programmes of health of health, she is performing the role as a _____.
2. The testing outcome of the actions against previous determined criteria is called _____.
3. The family consists of husband, wife and children is the example of _____ family.
4. Providing recreational, relaxation, entertainments and personal development of family is known as _____ role of the family.
5. APGAR score stands for _____, _____, _____, _____ and _____.
6. Children in the age group 2-6 years belong to the _____ period.
- 7.
- 8.
- 9.
- 10.

Q.NO.3 Select the best option in each statements, which is given below and "REWRITE" the correct choice in given blank box. (Each 1 Marks)

(Marks: 40)

1. 23 years old pregnant woman came to OPD with complaining of lesion on her vulva, on examination her inguinal lymph nodes are also enlarged. Laboratory investigation reveals TREPONEMA PALLIDIUM organism. She is worried about her fetus. Her fetus is at risk of:

A.	Acquired syphilis	B.	Congenital syphilis
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C.	STD'S	D.	HIV
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2. Charge nurse from postnatal ward brought 2days baby to vaccination centre for BCG vaccine. She knows that BCG given Intradermal in the dose of:

A.	0.01ml	B.	0.1ml
C.	0.05ml	D.	0.5ml

3. Ahmad is living with his wife and married children along with their spouses and children. He is belong to a rural area. Which of the following type of family he belong to:

A.	Joint family	B.	Extended family
C.	Nuclear family	D.	Matrifocal family

4. Community health nurse providing family health care, she established good professional relationship with families and provide proper health education and guidance as per their needs. She is actually following the :

A.	Factors affecting health	B.	Legitimate power
C.	Principles of family health care	D.	Family as a unit of care

5. 30 years old 2nd gravid woman is in first week of purperium. Her bleeding is Locia rubra. Which of the following statement is related to Locia rubra

A.	Pallor and brownish in color with less blood and more serum	B.	Consist of blood, shreds of deciduas, and pigments of chorion.
C.	Consist of whitish discharge from the uterus	D.	Consist of leucocytes, cervical mucus and debris from healing process of uterus.

6. In unhygienic areas in the frequency of occurrence of new cases in a population over stated period of time expressed as:

A.	Incidence	B.	Incidence and prevalence
C.	Prevalence	D.	Prevalence and incidence

7. A woman has regular menstrual cycle since the onset of puberty. Now she missed her one cycle. This condition is known as:

A.	Dysmenorrhea	B.	Amenorrhea
C.	Oligomenorrhea	D.	Menorrhagia

8. Salma wants to identify the high risk cases from a large group of pregnant women. The high risk pregnant women's age will be:

A.	< than 14 years and > than 44 years	B.	< than 22 years and > than 30 years
C.	< than 18 years and > than 35 years	D.	

9. 22 years old lady come to the gynae clinic with complain of off and on vaginal bleeding in between two menstrual cycles. Dr diagnose her as a case of:

A.	Dysmenorrhea	B.	Metorrhagia
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C.	Amenorrhoea	D.	Menorrhagia
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10. An expectant woman's date of last menstrual period is 15/09/2012. What will be her estimated date of delivery?

A.	24/04/2013	B.	23/05/2013
C.	13/06/2013	D.	22/06/2013

11. A 30 weeks pregnant lady comes to the antenatal clinic. The assessment findings show hypertension, raised protein in urine and oedema. She is suffering from:

A.	Diabetes mellitus	B.	Eclampsia
C.	Hypertension	D.	Protein urea

12. The first fetal movement (quickening) felt by the mother about:

A.	12-16 weeks of pregnancy	B.	20-24 weeks of pregnancy
C.	08-12 weeks of pregnancy	D.	10-15 weeks of pregnancy

13. The deficiency of which of the following vitamin cause night blindness?

A.	Vitamin A	B.	Vitamin C
C.	Vitamin B	D.	Vitamin D

14. Child bearing women should be vaccinated of tetanus toxoids by the following doses:

A.	Five doses	B.	Three doses
C.	Two doses	D.	Six doses

15. Syphilis is transmitted by:

A.	Sexually	B.	Asexually
C.	Hand shaking	D.	Direct contact

Q.No 4 ANSWERS THE FOLLOWING QUESTIONS: (Marks 40)

- A- Draw a flow diagram of different methods of family planning? (5+5)
 B- Write down the vaccination schedule for new born baby?
- A- Explain the complication of labor? (5+5)
 B- Describe components of nursing process?

3

4

3

Roll No _____