

# NURSING EXAMINATION BOARD PUNJAB, LAHORE

TIME: 2:30 HOURS

TOTAL MARKS: 100

PASS MARKS: 50

SAMPLE PAPER: FUNDAMENTALS OF NURSING

1<sup>ST</sup> YEAR NURSING STUDENT

OBJECTIVE = 60% (Mcq's 40, true false 10, fill in the blanks 10)

SUBJECTIVE = 40%

**Q.NO. 1 Write complete word "True" for true statement and complete word "False" for false statement in the given blank box otherwise statement will be cancelled. (Marks10)**

Sr.	True / False	Statement
1		Sympathy is degree of understanding by two people which allows one person to feel how other person feels.
2		Nonverbal communication includes facial expression and body language.
3		Florence nightingale born in Italy on May 1820.
4		Holistic nursing means partial nursing care during healing process.
5		Accountability is the fulfillment of a formal delegation.
6		Health is a state in which a person physical, emotional and intellectual functioning impaired.
7		
8		
9		
10		

**Q.NO.2 Write the word or phrases that best complete the statement or answers the question. Fill in the blank. (Marks10)**

1. \_\_\_\_\_ is balance between heat production and heat loss, which is regulated by \_\_\_\_\_ in the brain.
2. \_\_\_\_\_ is condition resulting from the presence of pathogenic bacteria and their product.
3. Pharmacy nurse is preparing medicine. She knows that \_\_\_\_\_ system is used to calculate the dose.
4. Compliments are substances which is present in \_\_\_\_\_.
5. The study of virus is called \_\_\_\_\_.
6. \_\_\_\_\_ is the method of examination of body parts by tapping to determine the condition of internal organs.
- 7.
- 8.
- 9.
- 10.

**Q.No.3 Select the best option in each statements, which is given below and REWRITE the correct choice in given blank box. (40 Marks)**

1. An attack of intense shivering when the hypothalamus of the brain is disturbed is the example of which of the following?

A.	Intermittent fever	B.	Rigor
C.	Remittent fever	D.	Relapse fever

2. A 15 years old girl comes to the medical unit with the complaint of chronic cough and high grade fever. Physician examines her chest by using stethoscope. Which of the following method of assessment he is used to examine the chest?

A.	Auscultation	B.	Inspection
C.	Palpation	D.	Percussion

1. Newborn baby admitted to neonatal ward, he develops hypothermia which of following is heat regulating center in the brain.

A	Medulla oblongata	B	Pituitary fossa
C	Hypothalamus	D	Temporal lobe

2. 17 years old Adnan, stayed in hospital with his father. After two days he came to duty nurse and asked about throat infection. He said when he came to hospital he was completely all right. Nurse replied him that his problem is:

A.	Acute illness	B.	Community acquired infection
C.	Nosocomial infection	D.	Chronic illness

3. Sixty years old lady admitted in emergency with urinary retention. After examine the doctor advised catheterize the lady. Duty nurse follows aseptic technique while preparing the trolley. Her aim is to prevent lady from:

A.	Hospital infection	B.	Iatrogenic infection
C.	Droplet infection	D.	Cross infection

4. A 2<sup>nd</sup> year nursing student's visit to milk plant. Plant supervisor told them, that before packing milk is heated and cooled in specific temperature. Student nurses knows that he is talking about:

A.	Boiling method	B.	Pasteurization
C.	Sterilization	D.	Disinfection

5. Nazia a clinical nurse providing care to unconscious patient. She assessed the patient needs, formulates the nursing diagnosis, made care plan and implement the formulated plan. What is final step that she has to do?

A.	Reassessment of plan	B.	Evaluation of implemented plan
C.	Analysis of nursing plan	D.	Collect data about the plan

6. Sozen visit to her doctor. She looks anxious and tired. She said to doctor that she wake up several time for urination during night. Her stated problem is:

A.	An uria	B.	Polyuria
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C.	Nocturia	D.	Oliguria
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7. 30 years old client admitted to hospital with bronchitis. Her vital signs are: fever 99 °F, pulse 130/m and respiration is 35/m. this is termed as:

A.	Tachycardia and tachypnoea	B.	Tachycardia and bradypnoea
C.	Tachycardia and biots respiration	D.	Bradycardia and bradypnoea

8. The term that is used to transmitting, giving or receiving message between two people is known as:

A.	Sender	B.	Communication
C.	Channel	D.	Message

9. After taking patient history. The nurse is repeating the content and feeling that is verbalized by the patient. This is known as:

A.	Interview	B.	Clarification
C.	Reflection	D.	Facilitation

10. Nargis working with blinds since 5 years. She is teaching to new appointed staff nurse that whenever you enter the patient's room you should:

A.	Telling your name so they will aware of you	B.	Keep silence
C.	Keep silence and touch the patient	D.	Directly touch the patient

11. 16 years old Ranny studying "A level" she admitted for treatment of typhoid fever, during treatment session, she ask to nurse about drug excretion. She replied that most drugs are excreted through:

A	Kidney	B	Lungs
C	Intestine	D	Skin

12. Twenty years banish advised high protein diet, which of following foods provide a complete protein

A	Vegetable	B	Meat
C	Grain	D	Potatoes

13. Patient lies flat on bed with face downward and back upward and hand folded over pillow. This position is:

A	Flat position	B	Prone position
C	Recumbent position	D	Dorsal position

14. A patient admitted to CCU with congestive heart failure. He is advised to take diet

A	Normal protein diet	B	Increased carbohydrates diet
C	Restricted fatty diet	D	All of the above

15. A Patient came to medical emergency with cold clammy skin, unconscious, physician diagnosis him as shock condition. Shock is defined as:

A	Low blood pressure	B	tachycardia
C	sudden collapse of circulation	D	none of above

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**Q.NO.4 ANSWERS THE FOLLOWING QUESTIONS: (Marks 40)**

1. A- Draw and label the common sites of pulse taking. (5+5)  
B- Enlist indication for oxygen inhalation.
2. A- Define fracture? Enlist five type of fracture. (5)  
B- Define the following: (each carry one mark) (5)
  - I. Pulse ,
  - II. Blood pressure,
  - III. Pulse pressure,
  - IV. Corn ,
  - V. Bed sores.
- 3.
- 4.